## 1 Day Firefighter Survival Hands On Training Saturday March 18, 2023 08:00 - 17:00 Hosted by the Estes Valley Fire Protection District \$100 with lunches provided

In this 1-Day Firefighter Survival course the student will learn from instances during past fatalities and arm themselves with an increased skill set in firefighter survival. Skills that will be accomplished **MAYDAY** are: transmission, wall breaching, the naked SCBA drill, reading couplings, disentanglement, breathing, skip reorientation techniques, headfirst ladder bailouts and rope slide.

In an imminent life-threatening situation, physiological changes occur. Let's not find ourselves in a situation that can be easily remedied - only if we knew the proper technique.

Register at www.estesvalleyfire.org/course-offerings

**Bring SCBA & 1 Spare Bottle** 

Training at Estes Valley Regional Training Center 640 Elm Road, Estes Park CO 80517

## About The Instructor

Paul Capo has been a firefighter since 1996 and serves as the Division Chief of Operations and Training with the Estes Valley Fire Protection District in Estes Park, Colorado. Paul Capo is the Founder of When Things Go Bad, Incorporated where he develops a vast compliment of firefighter curriculum and training. His diverse teaching includes, but not limited to, FDIC (Fire Department Instructors Conference), Fire House Expo, Orlando Fire Conference, Fire Rescue East, Wichita HOT, etc. where he trains on multiple subjects in fire service academia. He and his crew can be seen on Fire Engineering's Training Minutes as well as in the When Things Go Bad training digital video series. Paul has his B.A.S. in Public Safety Administration, Masters in Biblical & Theological Studies and is passionate in all areas of firefighting.

## ESTES VALLEY FIRE PROTECTION DISTRICT

Serving the Residents and Visitors of the Estes Valley with Superior Fire and Safety Services